

PARKINSONS SPECIFIC WALKING FOOTBALL

STARTING 26 JULY



@ SOLIHULL FOOTBALL CENTRE

JOIN US
Mondays 10:30am

**THIS SESSION IS
FREE OF CHARGE**

Birmingham Walking Football Club have teamed up with the Brakes Community Foundation to offer this fantastic new class aimed at people suffering from Parkinsons Disease. Improve fitness and make friends while having fun in our outdoor facility.



The Brakes
Community
Foundation CIO

Book online at

www.bookwhen.com/mpsports



For enquiries, please contact us on **0121 796 1330**

www.birminghamwalkingfootball.co.uk



Find us at the end of Brick Kiln Lane, Solihull B91 3LD



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